

Massage Treatments

Our Aromatic Massages incorporate Swedish or Deep Tissue techniques for the best possible results and relaxation. Please let us know if you have any medical concerns when scheduling your appointment so we can tailor our services to best suit your needs.

30 minutes	\$55.00
60 minutes	\$90.00
90 minutes	\$120.00

Deep Tissue massages are available upon request. Additional Charges will apply.

30 minute massage	\$10.00 extra
60 minute massage	\$20.00 extra
90 minute massage	\$30.00 extra

Hot Stone Massage (60 minutes)	\$110.00
Hot Stone Massage (90 minutes)	\$135.00

This popular massage modality incorporates the ancient healing art of stones and the silky texture of oil to create a physical and spiritual balancing. The deep penetrating heat from the black basalt river stones helps to encourage the exchange of blood and lymph, as well as provide soothing heat for massage.

Reflexology Foot Massage (30 minutes)	\$50.00
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This specialized pressure point treatment affects the entire body through the feet. By restoring the flow of energy in the body, reflexology brings your body back into balance. Combine it with a pedicure for the ultimate relaxation experience.

Add on 15 minutes to any massage treatment	\$15.00
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Facials

Express Facial (30 minutes)	\$55.00
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The perfect facial choice when time is at a premium or prior to a special event. This facial includes a quick relaxing cleansing, exfoliation, steam, and customized masque.

Essential Facial (50-60 minutes)	\$85.00
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A treatment masque, neck, shoulder and scalp massage are just the beginning of this total care facial customized for your skin's specific needs - cleansing, exfoliation, hydrating and balancing mind and body through nurturing aromas and rituals.

Anti-Redness Facial (50 minutes)	\$90.00
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Clinical research states that Vitamin K is effective in strengthening capillary walls and desensitizing redness. This customized treatment alleviates rosacea and reduces the appearance of broken capillaries, sensitivity, and blotchiness. A soft masque is chosen to calm irritated skin.

Detoxifying Anti-Acne Facial (60-70 minutes) \$90.00
Hibiscus flower peel purifies and regulates oil production. Oxygen Plasma Potion will eliminate acne causing bacteria, accelerate healing and regenerate healthy cells. Therapeutic, effective, and detoxifying, a new healthy complexion will emerge. This facial also includes extractions.

Hot Stone Facial (60-70 minutes) \$125.00
Relaxing the soul and nurturing the skin is what this treatment is all about! After cleansing and exfoliating, enjoy a hot stone facial massage that lets your mind drift to inviting places. Black basalt river stones allow for the deep penetration of heat to rid the body of negative energy and stress.

La Spa Signature Facial (80-90 minutes) \$135.00
Famous for its therapeutic benefits, this healing treatment includes a skin analysis, cleansing, exfoliation, steaming, Asian pressure point facial massage, neck, shoulder, and scalp massage. A purifying facial masque and a freshly blended customized masque are applied. As the masque sets, drift away into complete relaxation with a foot massage. Thorough extractions are available upon request.

Triple Peel Facial (80-90 minutes) \$140.00
This facial gives skin the maximum benefits of exfoliation without the invasive effects of a traditional peel. These peels contain a high vitamin count with nutrients designed to enhance the overall results and provide deep pore cleansing.

Eye Contour Treatment (15 minutes) \$35.00
Let La Spa soothe your delicate eye area with a cooling, revitalizing treatment that combines aqua collagen, rice powder and alginate. These products work together to strengthen the skin around the eyes as the marine collagen smoothes wrinkles, tightens, lifts, and reduces puffiness.

Add-on Treatments

Chocolate Mask \$15.00
The combination of the chocolate scent and heating effect encourages relaxation of the facial muscles. This masque rejuvenates and refreshes, while cleansing and softening the skin.

Vitamin C Pack \$15.00
This treatment is made with Vitamin C from the exotic Acerola fruit. Once applied, the Vitamin C Pack will help synthesize collagen and protect the skin against free radical damage.

Seasonal Mask \$15.00
Each season our skin changes so find out what you need to keep your skin healthy and glowing this time of year!

Papaya Peel \$20.00
Papaya extract is used to digest all superficial impurities, dead skin cells, blackheads, and excess oil from the skin.

Hand & Arm Massage \$20.00
Add this hand and arm massage with heated mitts to any facial or body treatment to complete the full relaxation experience.

Paraffin Mask \$25.00
This warm aromatic wax mask penetrates deep into the skin to hydrate and soften dry or stressed skin.

Thermal Ice Mask \$35.00
This hardening facial mask turns from paste into plaster, which then lifts off in one piece. This masque is perfect for aging skin.

Spa Body Treatments

Ear Candling (45 minutes) \$45.00
This centuries-old practice of ear candling is now used for relaxation. Once you experience the soothing benefits of this treatment, you will want to have it done time and time again.

Sinus Treatment (30 minutes) \$50.00
Aromatic steam inhalation combined with facial, scalp and neck massage techniques are used to relieve sinus pressure

Back Treatment (45 minutes) \$60.00
Designed to bring purity and balance to the skin on the back, this treatment will focus on cleansing, skin exfoliation, back massage, and masque therapy. This treatment is perfect if you are having skin challenges on your back, seasonal skin changes, or a special occasion.

Exfoliating Brown Sugar Body Polish (45 minutes) \$80.00
Brown sugar blended with the world's finest oils results in an entirely natural and stimulating exfoliant. This gentle moisturizing scrub treatment for the body leaves the skin silky smooth and glowing. This treatment is activated by our revitalizing steam room for detoxification.

Aromatic Body Wrap (60 minutes) \$95.00
This aromatic heat treatment and exfoliation rids the body of everyday toxins, like smoke, pollution, and other harmful effects. After exfoliation, you are wrapped in the warmth of massage oil and linens.

Garden Mint Algae Body Masque (60 minutes) \$95.00
This treatment consists of a highly-potent herbal and deep sea therapy for healing and detoxifying the skin and body. Emollients, minerals and vitamins restore moisture and add a radiant glow! This masque delivers a cool, refreshing feel.

Sedona and French Red Clay Mud Masque (60 minutes) \$100.00
The most effective anti-oxidant and anti-aging formulation! This blend purges toxins, leaving the skin soft and re-mineralized with a noticeable glow.

Designed Just for Men

Gentleman's Facial (45-55 minutes) \$80.00
Designed specifically for men, this facial includes a deep cleansing, exfoliation, extractions, and a soothing masque to calm irritated skin combined with a relaxing neck, shoulder, and scalp massage.

Gentleman's Pedicure (30 minutes) \$45.00
This pedicure, made especially for men, includes exfoliating, and grooming of tired feet followed by a relaxing foot and leg massage.

Gentleman's Manicure (20 minutes) \$25.00
This treatment includes cuticle minimization, hand exfoliation, and a relaxing hand and arm massage to complete the service. This is the ideal way to give life to your tired hands after a day on the green or on the lake!

Athletic Massage (60 minutes) \$100.00
Deep Tissue and Swedish techniques are combined in this massage to help ease sore muscles; this is the perfect way to relax after a day of activity!

Hands, Feet & Nails

Experience customized care for your hands and feet. Rejuvenating service includes proper maintenance and grooming of nails and cuticles. This is a necessary spa experience to bring your hands and feet back in to balance.

Manicure (30 minutes) \$30.00
This unique treatment makes hands younger looking by incorporating cuticle minimization, exfoliation, and a reflex hand and arm massage.

Hydrating Paraffin Manicure (50-60 minutes) \$60.00
Indulge in a luxury spa treatment that revitalizes the hands and relaxes the mind. After preparing the skin with a light exfoliation, Vitamin C is massaged onto the skin to help prevent premature aging. From there, your hands are dipped in warm paraffin to drive the nutrients deep into the skin. Cooling therapy then begins with a refreshing masque and then finishes with an extreme hydration of the hands.

Pedicure (45 minutes) \$50.00
After the feet are thoroughly exfoliated, pampered and groomed, a massage of the feet and legs is performed, giving life to tired feet.

Hot Stone Pedicure (70 minutes) \$95.00
Unwind and melt away stress with the ultimate hot stone foot massage. After a light cleanse and exfoliation, hot stones are massaged on various foot pressure points to help rid negative energy and heal the soul. A cooling masque then revitalizes tired feet by deeply penetrating required nutrients into the skin. Finish with a hydrating heel recovery to soften and soothe the feet.

Add French Polish \$10.00

Polish Change \$15.00

Add-on Treatments

Paraffin \$20.00

Hand and Arm Treatment \$20.00

A wonderful exfoliating and moisturizing treatment is applied to delight the hands and arms.

Foot and Leg Treatment \$20.00

This is the perfect add on to complete any pedicure!

Hair

Shampoo, Blow Dry & Style \$45.00

Shampoo only \$15.00

Conditioner Treatment \$30.00

Special Occasion Hairstyle \$45.00 & up

Style only \$30.00

Gentleman's Haircut \$25.00

Gentleman's Haircut and Style \$35.00

Ladies Haircut \$35.00 & up

Ladies Haircut and Style \$65.00

Bang Trim \$15.00

Highlights \$80.00 & up

Color \$65.00 & up

Hair Removal and Tinting

Make sure to let us know if you are using doctor prescribed skin care products or taking any medications, so we can check for contra-indications. Bikini waxing is for women only.

Waxing

Arms	\$40.00
Back and Chest	\$60.00 & up
Bikini First Time	\$65.00
Bikini Maintenance	\$55.00
Brazilian	\$95.00
Chin	\$15.00
Eyebrow Design	\$25.00
Eyebrow Maintenance	\$18.00
Full Face	\$50.00
Full Leg	\$80.00
Half Leg	\$60.00
Underarms	\$25.00
Upper Lip	\$20.00

Tinting

Eyebrow Tinting	\$35.00
Eyelash Tinting	\$35.00

Packages

The Ultimate La Spa Package (3 hours and 45 minutes) \$325.00

This package features a 60 minute Swedish massage, the La Spa Signature Facial along with a luxurious Manicure and Pedicure

Relaxation for Two (2 hours and 45 minutes) \$470.00

This package features two Essential Facials, two 60 minute Swedish massages, and two Pedicures

Recapture (2 hours and 45 minutes) \$275.00

Recapture the glow beneath the everyday stress and strain with a refreshing combination of a 60 minute Swedish massage, an Exfoliating Brown Sugar Body Polish, and Essential Facial.

Retreat (2 hours and 15 minutes) \$215.00

This package features a 60 minute Swedish massage, the Express Facial, and a Pedicure.

Refresh (1 hour and 45 minutes) \$175.00

This package features a 30 minute Swedish massage, an Express Facial, and a Pedicure.

Elements of Focus (1 hour and 15 minutes) \$160.00

This package features an Express Facial, Eye Contour Treatment, and a Foot Reflexology Massage

***All packages include a lunch (your choice of soup, salad, or sandwich)**

Facilities Usage Fee

Non- Hotel Guests \$10.00

Hotel Guests \$5.00

Facilities fee includes the use of the Fitness Room, Steam Room, Sauna, Jacuzzi, and Locker Room Amenities. The use of the facilities is complimentary with any spa service and also with a Gold or President's Club Eldorado Card

Retail includes hair, skin, and body care products

La Spa is open seven days a week from 7am-8pm – For Spa appointments, please call: (318)220-5429/ from guests rooms dial 5429

Cancellations – *Upon scheduling appointments, we require a credit card to reserve your time. To avoid a 100% charge for services, we require a 4 hour notice for all cancellations. If you arrive late, we will subtract that time from your appointment, however, you will be charged for the full amount of the service(s).*

No Shows will be charged the full rate of the service(s) that were arranged.

Must be 18 years of age

Our goal at La Spa is to ensure that you completely enjoy your experience with us. The following tips will help you to make the most of your visit:

Please arrive 15 minutes prior to your scheduled service time. This will allow you enough time to fill out client information forms, change into spa attire, and complete a consultation. If you desire extra time to relax and unwind, please arrive 30 minutes prior to your appointment, so you may utilize our facilities. Robes and towels will be provided.